

How to Choose a Med Spa

Four Questions to Ask Before You Decide

Med spas offer everything from facials to hair removal to pharmaceutical injections and other medical procedures. If you are considering which med spa to use, make sure you ask these important questions:

- **Is the med spa located within a physician's office?** While problems are infrequent, physicians' offices generally have medical personnel available if a problem develops.
- **Is the med spa located outside of a doctor's office in, for example, a mall or salon?** If so, ask for the name of the physician responsible for oversight and when they are available for consultation or questions before having any injectable, deep peel or laser treatment. Ask about the training of any other medical personnel. This is vital to protect your health and insure an optimal outcome.
- **Does your med spa have a physician who can help in determining your goals, provide a treatment plan and direct your care? What are his or her credentials?** Injectables (such as Botox and deep tissue fillers), skin treatments (such as laser, intense pulsed light, and radiofrequency) and deep peels should be under the supervision of board-certified plastic surgeons or dermatologists. Ask to see these credentials.
- **Who is performing the injection?** Depending on the state you are in, injections and deep peels may be performed by a nurse, physician's assistant or nurse practitioner. Never allow a non-medical, unlicensed person to perform a medical procedure and be sure that the procedure is supervised by a physician board-certified in plastic surgery or dermatology. Your health and safety depend on it. If you have any questions or would like more information, contact Jennifer Aguiar at Essentials Med Spa at (813) 739-0915 or info@essentialsmedspa.com.



Essentials Med Spa Fall Specials

Get Ready for the Holidays with iS CLINICAL® Facials!

- **Rejuvenating Facial:** A Lunch-time Pick me up! The centerpiece of this revitalizing treatment is the Rejuvenating Masque, which is a soothing, hydrating treatment excellent for soothing compromised skin. Only \$85.
- **Intensive Resurfacing Facial:** This intensive clinical facial is designed to rapidly and safely resurface the skin, reducing fine lines and wrinkles, smoothing, softening and encouraging cellular renewal. Only \$110.
- **Innovative Facial:** A remarkable treatment system that combines two therapeutic masques, the Intensive Resurfacing Masque and the Rejuvenating Masque. Only \$110.



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